Form 357 Rev 12/15

| LEA/District Na | t Name Red Oak School Reviewer Shipky Ma | xwell & Marica Blo |
|----------------------------------|---|--|
| School Name | ne nman Date 11/21/17 | |
| Select all grade | | 9 10 11 12 |
| | I. Public Involvement We encourage the following to participate in the development, implementation, and eva X Administrators X School Food Service Staff X P.E. Teachers X School Board Members X School Health Professionals X Students | |
| 6 O v | We have a designee in charge of compliance. Name/Title: Tom Messinger Superint We make our policy available to the public. Please describe: School Web Site | endent |
| | We measure the implementation of our policy goals and communicate results to the pub | lic |
| | Please describe: | |
| O 00 0 | Our district reviews the wellness policy at least annually. | त्तर्या १८८८ व्याप्य केत्रवस्थार सामग्रीहरी है जिस्सा स्थाप सम्मार्थ के प्रवृत्ति है हो से देखे |
| | II. Nutrition Education Our district's written wellness policy includes measurable goals for nutrition education. We offer standards based nutrition education in a variety of subjects (e.g. science, health, We offer nutrition education to students in: | the annual meditator function and page 15 (2015) and |
| Yes No | III. Nutrition Promotion | |
| 6 O | Our district's written wellness policy includes measurable goals for nutrition promotion. | Takin ing panggan menganggan panggan p |
| 9 O v | We promote healthy eating and nutrition education with signage, use of creative menus, | posters, bulletin boards, etc. |
| | We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement | some of them. |
| | We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cash | er or near the front of the line). |
| | We ensure students have access to hand-washing facilities prior to meals. | Teknologi (1785-189⊈alita), italiata hika est |
| A COMMISSION OF THE STATE OF THE | We annually evaluate how to market and promote our school meal program(s). | will downsit. |
| PROPERTY OF STREET | We regularly share school meal nutrition, calorie, and sodium content information with some offer taste testing or menu planning opportunities to our students. | udents and families, ' 15 Col. |
| | We offer taste testing of menu planning opportunities to our students. We participate in Farm to School activities and/or have a school garden. | |
| | We only advertise and promote nutritious foods and beverages on school grounds (e.g. b | uildings, plaving fields, etc). |
| 6 O w | We price nutritious foods and beverages lower than less nutritious foods and beverages We offer fruits or non-fried vegetables in: Vending Machines School Stores | and the second s |
| | We have nutritional standards for foods/beverages served at school parties, celebrations, | an mare proprieta de la transferio de mare espera de la mare de la compansión de la compans |
| | We provide teachers with samples of alternative reward options other than food or bever | ages. |
| (B) (C) w | We prohibit the use of food and beverages as a reward. | |

| Yes No IV. Nutrition Guidelines (Cont. from page 1) | |
|--|--|
| Our district's written wellness policy addresses nutrition standards for | or USDA reimbursable meals. |
| We operate the School Breakfast program: Before School | In the Classroom Grab & Go |
| We follow all nutrition regulations for the National School Lunch Pro | ogram (NSLP). |
| We operate an Afterschool Snack Program. | |
| We operate the Fresh Fruit and Vegetable Program. | |
| We have a Certified Food Handler as our Food Service Manager. | |
| We have adopted and implemented Smart Snacks nutrition standard | ds for ALL items sold during school hours, including: |
| the grant of the control of the cont | g Machines as Fundraisers |
| Yes No V. Physical Activity | |
| Our district's written wellness policy includes measurable goals for p | physical activity. |
| We provide physical education for elementary students on a weekly | basis. |
| We provide physical education for middle school during a term or se | emester. |
| We require physical education classes for graduation (high schools of | only). |
| We provide recess for elementary students on a daily basis. | en en la composition de la composition |
| We provide opportunities for physical activity integrated throughout | t the day. |
| We prohibit staff and teachers from keeping kids in from recess for p | punitive reasons. |
| Teachers are allowed to offer physical activity as a reward for studen | - The Community of the Community of the Community of the Community of the Community And Table () 計画 (計画) () |
| We offer before or after school physical activity: X Competitive s | sports 💹 Non-competitive sports 🔀 Other clubs |
| Yes No VI. Other School Based Wellness Activities | |
| Our district's written wellness policy includes measurable goals for o | ther school-based activities that promote wellness. |
| We provide training to staff on the importance of modeling healthy i | |
| We provide annual training to all staff on: Nutrition | Physical Activity |
| We have a staff wellness program. | |
| We have school district staff who are CPR certified (e.g. teachers, coac | The first of With the Art. The first of all was a first and the contract of |
| We actively promote walk or bike to school for students with Safe Ro | utes to School or other related programs. |
| We have a recycling /environmental stewardship program. | 1994년 원교 대한 경향 : 2019년 - 1200년 - 1202년 - 1203년 전 대한 |
| We have a recognition /reward program for students who exhibit hea | en in Die vertreicht für der der der der der der der der der de |
| We have community partnerships which support programs, projects, | The control of the co |
| VII. Progress Report: Indicate any additional wellness practices and/or futu attaining the goals of the local wellness policy | |
| attaining the goals of the local wellness policy The District Board and Administra Why the Staff, Community, and and improve a Welliness program | tran WILL BE WORKING |
| THE DISTRICT COOKS WITH THE | In al Mirital to review |
| My the Statt Community I was | 100th Sportific and |
| and improve a Welliness brook on, | ville specific as is |
| measureable goals. | |
| Manage yours. | |
| VIII. Contact Information: | |
| For more information about this school's wellness policy/practices, or ways to get invo | olved, contact the Weilness Committee Coordinator. |
| Name Tom Messinger | Position/Title Superintendent |
| Email Messina extensions ora | Phone 7/2-423-(1400) |
| This institution is an equal opportunity provi | ider |

Form 357 Rev 12/15

| LEA/District N | Name Red Oak School Reviewer Shirley Maxwell & Marica B |
|--|--|
| School Name | Washinston Date 11/21/17 |
| Select all grad | les: PK K 1 2 3 4 5 6 7 8 9 10 11 12 |
| Yes No | I. Public Involvement |
| 9 0 | We encourage the following to participate in the development, implementation, and evaluation of our wellness policy: |
| • | Administrators |
| | School Board Members School Health Professionals Students Public |
| | We have a designee in charge of compliance. |
| | Name/Title: Tom Messinger SuperIntendent |
| | We make our policy available to the public. |
| | Please describe: SCMOOL UNED SITE |
| 00 | We measure the implementation of our policy goals and communicate results to the public. |
| | Please describe: |
| 00 | Our district reviews the wellness policy at least annually. |
| Yes No | II. Nutrition Education |
| | |
| | Our district's written wellness policy includes measurable goals for nutrition education. We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc). |
| | We offer nutrition education to students in: |
| Yes No | III. Nutrition Promotion |
| | Our district's written wellness policy includes measurable goals for nutrition promotion. |
| | We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc. |
| | We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement some of them. |
| Č | We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line). |
| | We ensure students have access to hand-washing facilities prior to meals. |
| | We annually evaluate how to market and promote our school meal program(s). Will downs if asced |
| | We regularly share school meal nutrition, calorie, and sodium content information with students and families. |
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| 00 | We offer taste testing or menu planning opportunities to our students. We participate in Farm to School activities and/or have a school garden. |
| u ŽvenŽat | We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc). |
| | We wise models and become allowed by the state of the sta |
| ar and independent to the control of | we price nutritious foods and beverages lower than less nutritious foods and beverages. We offer fruits or non-fried vegetables in: Vending Machines School Stores Snack Bars A La Carte |
| | We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc. |
| | We provide teachers with samples of alternative reward options other than food or beverages. |
| | We prohibit the use of food and beverages as a reward |

| Yes | No IV. Nutrition Guidelines (Cont. from page 1) | | | |
|------------|--|---|--|--|
| | Our district's written wellness policy addresses nutrition standards | for USDA reimburs | able meals. | ali a di kacamatan Marini da k |
| 0 | O We operate the School Breakfast program: Before School | In the Classro | om Grab & Go | |
| | We follow all nutrition regulations for the National School Lunch Pr | ogram (NSLP). | and the second second section and the second section is a second section of the second section | er in Andrea von Britisch zu von Ausbertung. |
| 0 | We operate an Afterschool Snack Program. | | | |
| Ø | We operate the Fresh Fruit and Vegetable Program. | n disku kasa an ing pandin na basa sa mga | sern upp Din in progression (#Double) i serin in de Dibbart #Double | e meletak ada da |
| 0 | O We have a Certified Food Handler as our Food Service Manager. | | | |
| 0 | We have adopted and implemented Smart Snacks nutrition standar | ds for ALL items so | ld during school hou | urs, including: |
| | 🕅 as à La Carte Offerings 🔲 in School Stores 🔲 in Vendin | g Machines | as Fundraisers | |
| Yes | No V. Physical Activity | | | |
| | Our district's written wellness policy includes measurable goals for | physical activity. | · · · · · · · · · · · · · · · · · · · | |
| 0 | O We provide physical education for elementary students on a weekly | basis. | | |
| | O We provide physical education for middle school during a term or s | emester. | | e di tiri di aliandi di aliandi. |
| 0 | O We require physical education classes for graduation (high schools | only). | | |
| 0 | We provide recess for elementary students on a daily basis. | 1 m 1 m 1 m 1 m 1 m 1 m 1 m 1 m 1 m 1 m | distribution and the second section as a second | ilia (1) viene di la compresión de la co |
| (| O We provide opportunities for physical activity integrated throughout | ut the day. | | |
| 0 | O We prohibit staff and teachers from keeping kids in from recess for | punitive reasons. | to the control of the second s | the service of the se |
| 0 | O Teachers are allowed to offer physical activity as a reward for stude | nts. | | |
| (1) | We offer before or after school physical activity: | sports Non- | competitive sports | Other clubs |
| Yes | No VI. Other School Based Wellness Activities | | | |
| ② | Our district's written wellness policy includes measurable goals for o | other school-based | l activities that prom | ote wellness. |
| 0 | We provide training to staff on the importance of modeling healthy | behaviors. | | |
| 0 | We provide annual training to all staff on: Nutrition | Physical Activity | | |
| Ο | We have a staff wellness program. | | | |
| | O We have school district staff who are CPR certified (e.g. teachers, coa | ches, counselors, f | ood service staff) . | |
| 0 | We actively promote walk or bike to school for students with Safe Ro | outes to School or | other related progra | ims. |
| | We have a recycling /environmental stewardship program. | | | |
| 0 | We have a recognition /reward program for students who exhibit he | althy behaviors. | | 2 . |
| | O We have community partnerships which support programs, projects | , events, or activitie | es. | |
| VII. P | rogress Report: Indicate any additional wellness practices and/or futu | ure goals and desc | ribe progress made i | in |
| | attaining the goals of the local wellness policy | | | |
| 1 | Staff, community, and local Mos | ion WIII | be WOYK | ing with |
| 110 | 2 DISTRICT DOUG WILL | ital to | MONDELL O | nd |
| Hho | Staff, community, and 10 car Miss | priace | 1 2000 0 | 101 0 |
| 1,1,0 | statticommunity , and tocositions | specific a | nd Measu | reasie |
| IM | There is noticed programme | | | |
| | | | | - 100.41 (4.41) 4 (4.41) 10 4 (4.41) |
| 404047044B | ontact Information: information about this school's wellness policy/practices, or ways to get inv | olved, contact the | Wellness Committee | e Coordinator. |
| Name | Tim Mossingu | Position/Title | Superin | tendent |
| Email | MASSING PALLO MASCANDAS, OCA | Phone | 717-(073- | 6000 |

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Form 357 Rev 12/15

| LEA/District N | Jame Red Oak School Reviewer SMIYLLY MAXWELL & Marica Blay |
|--|--|
| School Name | Middle School Date 11/21/17 |
| Select all grad | |
| Yes No | I. Public Involvement |
| | We encourage the following to participate in the development, implementation, and evaluation of our wellness policy: |
| | Administrators School Food Service Staff P.E. Teachers Parents |
| | School Board Members School Health Professionals Students Public |
| | We have a designee in charge of compliance. |
| | Name/Title: Tom Messinger Superintendent |
| | We make our policy available to the public. |
| | Please describe: 50MW Web 5142 |
| | We measure the implementation of our policy goals and communicate results to the public. |
| | Please describe: |
| 00 | Our district reviews the wellness policy at least annually. |
| | |
| Yes No | Il Nutrition Education |
| Yes No | II. Nutrition Education Our district's written wellness policy includes measurable goals for nutrition education. |
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| Yes | No | IV. Nutrition Guidelines (Cont. from page 1) | | | |
|----------------------------------|------------|---|--|--|---|
| • | O | Our district's written wellness policy addresses nutrition standards fo | r USDA reimbursa - | ble meals. | Suscinicional contractor and contractor contractor. |
| • | 0 | We operate the School Breakfast program: X Before School | In the Classroo | m Grab & Go | |
| 0 | 0 | We follow all nutrition regulations for the National School Lunch Programmes | gram (NSLP). | ристрипрость таков, ставля на 184, часто | |
| 0 | 0 | We operate an Afterschool Snack Program. | | | |
| 0 | 0 | We operate the Fresh Fruit and Vegetable Program. | and of the manufacture of the control of the contro | | |
| • | 0 | We have a Certified Food Handler as our Food Service Manager. | | | |
| 0 | O | We have adopted and implemented Smart Snacks nutrition standards | s for ALL items sol | d during school hou | rs, including: |
| CONNECT SECURITION OF SECURITION | | as à La Carte Offerings in School Stores in Vending | Machines | as Fundraisers | |
| Yes | No | V. Physical Activity | | | |
| 0 | 0 | Our district's written wellness policy includes measurable goals for pl | nysical activity. | e in degre he pere limente di Buredan di Atabi Tito | kai 1900-kupungan 1913 SABAHALABI Mena |
| | 0 | We provide physical education for elementary students on a weekly. | oasis. | | |
| • | 0 | We provide physical education for middle school during a term or se | mester. | una anno da reen ana atou il dadest de montacionales | . JAANG (* 1008 FEARNIS REVANISA (* 1816) |
| • | 0 | We require physical education classes for graduation (high schools of | nly). | | |
| | 0 | We provide recess for elementary students on a daily basis. | gradiking inkalan katalah akan adalah di salah d | neses suponegranos espere o era eragrafos | istory - 1999 reactings annual estimated and |
| | O: | We provide opportunities for physical activity integrated throughout | the day. | | |
| | O | We prohibit staff and teachers from keeping kids in from recess for p | unitive reasons. | era en a jenaloruera anjun jugaankara onker | byrone, jesoji nakol, vedokana, koja bogoji |
| • | 0 | Teachers are allowed to offer physical activity as a reward for student | | | |
| | O | We offer before or after school physical activity: \(\textstyle \text{Competitive s} \) | ports 🕌 Non-c | competitive sports | Other clubs |
| Yes | Vo : | VI. Other School Based Wellness Activities | | | |
| | O | Our district's written wellness policy includes measurable goals for of | her school-based | activities that promo | ote wellness. |
| ting commence of t | 0 | We provide training to staff on the importance of modeling healthy be | ehaviors. | | |
| O | (3) | We provide annual training to all staff on: | Physical Activity | | |
| †Q. | 6 | We have a staff wellness program: | | | |
| | O | We have school district staff who are CPR certified (e.g. teachers, coac | as filedat, karak da sa Life (fileda 1916) ya k | recorda a como da alla della discola villa anti- | Bas Roya Roban dharin an |
| Ŏ. | 0 | We actively promote walk or bike to school for students with Safe Ro | utes to School or c | ther related progra | ms. |
| | O | We have a recycling /environmental stewardship program. | NECCES ARANYS DAVISORAS LASSEMANT | | |
| 0 | Q: | We have a recognition /reward program for students who exhibit hea | to the second se | | |
| | \cup | We have community partnerships which support programs, projects, | events, or activitie | es. Carrier de la carrière de la carrièr | ides Entratribation etheros statinatio |
| | | ess Report: Indicate any additional wellness practices and/or futur | | | |
| | - | attaining the goals of the local wellness policy | 12 CO 10 M | 1 100 (40) | vzina |
| TV | Q | District board & Homiliasira | Alone VIII | city L | 3011 |
| 1000 | Λ | IL a Stall community and 10 | scal this | prial to | , revieuc |
| VVIX | 11 | AND DIGHT LOSS DIGHTON WILL | m =000 | ilic and | -l |
| and | ' (' | attaining the goals of the local wellness policy District Board & Administra Une Staff, community, and le reprove a wellness program wil | in pa | THE WA | |
| Me | Şu | reable goals. | | | |
| VIII. C | onta | act Information: nation about this school's wellness policy/practices, or ways to get invo | olved, contact the | Wellness Committee | Coordinator. |
| Name | | Tom Messinger | Position/Title | Superinte | endent |
| Email | | mossinger to results, or a | Phone | 712-(073- | (0(0)() |
| | | AN KIP CILKII IK KITI O IL. KANINI IL KANINI | | ロー・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・ | |

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Form 357 Rev 12/15

| LEA/District Name Red Oak School | Reviewer Shirley Maxwell-MM(a Blau Date 11-21-2017 |
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| School Name Lich School | Date 11-21-2017 |
| Select all grades: PK K 1 2 3 4 | 5 6 7 8 9 3 10 3 11 3 12 |
| | lopment, implementation, and evaluation of our wellness policy: |
| Administrators School Food Se School Health F | <u>— — — — — — — — — — — — — — — — — — — </u> |
| We have a designee in charge of compliance. | |
| Name/Title: Tom Messinger | /Superintendent |
| We make our policy available to the public. | • |
| Please describe: School Web. | site |
| We measure the implementation of our policy goals ar | d communicate results to the public. |
| Please describe: | |
| Our district reviews the wellness policy at least annuall | y. |
| Yes No II. Nutrition Education | |
| Our district's written wellness policy includes measural | ole goals for nutrition education. |
| We offer standards based nutrition education in a variety | interfering to the restriction of the contraction o |
| • We offer nutrition education to students in: | ementary School Middle School High School |
| Yes No III. Nutrition Promotion | |
| Our district's written wellness policy includes measural | ole goals for nutrition promotion. |
| We promote healthy eating and nutrition education with the promote healthy eating and nutrition education with the promote healthy eating and nutrition. | th signage, use of creative menus, posters, bulletin boards, etc. |
| We have reviewed Smarter Lunchroom techniques and expression | evaluated our ability to implement some of them. |
| We place fruits and vegetables where they are easy to a | access (e.g., near the cafeteria cashier or near the front of the line). |
| We ensure students have access to hand-washing facili | ties prior to meals. |
| We annually evaluate how to market and promote our | school meal program(s). Will do this ! |
| We regularly share school meal nutrition, calorie, and s | school meal program(s). odium content information with students and families. asked to our students. |
| | TO THE THE THE PARTY TO THE CONTROL OF THE CARE OF THE CARE THE CARE OF THE PARTY TO THE PROPERTY OF THE PARTY OF THE PART |
| We participate in Farm to School activities and/or have | raum ream de 🛣 las metre des marcos e en cres e en outre allama electron em las electros estas metros e estadentes e |
| | everages on school grounds (e.g. buildings, playing fields, etc). |
| We price nutritious foods and beverages lower than les We offer fruits or non-fried vegetables in: Vending | The state of the s |
| We have nutritional standards for foods/beverages services. | red at school parties, celebrations, events, etc. |
| We provide teachers with samples of alternative reward | l options other than food or beverages. |
| We prohibit the use of food and beverages as a reward. | |

| Yes | No | IV. Nutrition Guidelines (Cont. from page 1) |
|--|-----------------------|--|
| | 0 | Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals. |
| • | 0 | We operate the School Breakfast program: Before School In the Classroom Grab & Go |
| | 0 | We follow all nutrition regulations for the National School Lunch Program (NSLP). |
| 0 | • | We operate an Afterschool Snack Program. |
| • | 0 | We operate the Fresh Fruit and Vegetable Program. |
| 9 | O | We have a Certified Food Handler as our Food Service Manager. |
| | 0 | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| ************************************** | | as à La Carte Offerings in School Stores in Vending Machines as Fundraisers |
| Yes | No | V. Physical Activity |
| 9 | | Our district's written wellness policy includes measurable goals for physical activity. |
| 9 | | We provide physical education for elementary students on a weekly basis. |
| (C) | 0 | We provide physical education for middle school during a term or semester. |
| A | 0 | We require physical education classes for graduation (high schools only). |
| a | 8 | We provide recess for elementary students on a daily basis. We provide opportunities for physical activity integrated throughout the day. |
| | \sim | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. Net a police of the control of the contr |
| • | Ŏ | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. Not applicable on high sechool |
| | \circ | We offer before or after school physical activity: Competitive sports Non-competitive sports Other clubs |
| Yes | No | VI. Other School Based Wellness Activities |
| | 0 | Our district's written wellness policy includes measurable goals for other school-based activities that promote wellness. |
| Ŏ | • | We provide training to staff on the importance of modeling healthy behaviors. |
| Ŏ | | We provide annual training to all staff on: Nutrition Physical Activity |
| 0 | • | We have a staff wellness program, |
| • | 0 | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| 0 | | We actively promote walk or bike to school for students with Safe Routes to School or other related programs. |
| | 0 | We have a recycling /environmental stewardship program. |
| 0 | (4) | We have a recognition /reward program for students who exhibit healthy behaviors. |
| | 0 | We have community partnerships which support programs, projects, events, or activities. |
| | | ess Report: Indicate any additional wellness practices and/or future goals and describe progress made in attaining the goals of the local wellness policy |
| | - N | is wall be working and administration will be working with the |
| 110 | י ער | istnet Board and Administration will be working with the community, and local Hospital to review and we a wellness program with specific and |
| Sta | X += ^~ | L'es a melluses apparaise with specific and |
| 110 | 4) VC | we a coefficient program. |
| Me | MS/ | uneable goals. |
| | 1000 | et Information: |
| For more | ıntorn | ation about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator. |
| Name | , | Tom Messinger Position/Title Superintendent |
| Email | | Messingerta voschools. org Phone 712-623-6000 |
| | | This institution is an equal opportunity provider |